



**BEFORE TREATMENT**

YOUR ORAL SURGERY



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Thanks for choosing us, you are in excellent hands, we will care after you at any time, so please stay in touch with us and prepare your oral surgery like we describe:

Consult with our surgeon or dentist before your oral surgery to find out if you will require any medications after the procedure.

Have a light meal 1 to 2 hours before your oral surgery. Brush and floss your teeth prior to your appointment. Do not smoke at least 12 hours before your oral surgery. What an ideal opportunity to consider quitting, as smoking is not permitted for a minimum 24 hours after oral surgery.



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Wear short-sleeved, loose-fitting, comfortable clothing for your oral surgery appointment. Although the doctor and staff do their best to prevent staining on your garments, consider wearing something that you won't mind being ruined. Do not wear jewelry as you will be required to remove it prior to some procedures. Avoid wearing contact lenses to your appointment, because your eyes may remain closed during the procedure, and again, depending on the type of anesthetic used its best to avoid contact lenses. Try not to wear any make-up or lipstick. Do however, bring along some moisturizer for your lips such as lip balm because your lips may become chapped during your surgery.



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We will ask for blood studies, please send them in time (1-2 weeks before).

In procedures such as SINUS LIFT and BONE GRAFT, please try to stay in Mexico City for a full week for your subsequent revisions, this is important for success in the case, so please avoid traveling.

**Alcoholic beverages should be avoided 24 hours before and 7 days after**

If you think you might be pregnant, please inform our office before your appointment.