



IDEAL DENTAL

ROOT CANAL AFTERCARE

It is **normal to feel some tenderness** in the area for a few days after your root canal treatment as your body undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time.

Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue.

Do not chew or bite on the treated tooth **until you have had it restored**. Be sure to brush and floss your teeth as you normally would.

Do not eat anything **until the numbness** in your mouth wears off. This will prevent you from biting your cheek or tongue.

Healing Period

Although the infected, inside part of the tooth has been removed, there is still a period of continued healing while the body repairs the area surrounding the tooth. In the vast majority of cases, the affected area of the mouth will continue to heal and symptoms will subside.



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Activity

Following your treatment, you can resume your normal daily activities after the dental anaesthesia has worn off.

Eating

Once the anaesthesia wears off, you can eat and drink as usual. It is completely normal to still feel sensitivity after a root canal, especially when chewing. You may feel more comfortable chewing on the other side of your mouth while the tissues, nerves and ligaments surrounding the root canal tooth recovers.

Pain

During the healing period, it is not uncommon to feel some discomfort, but not to the degree of pre-treatment pain.

Bite

Sometimes, the ligaments that surround the tooth become irritated and swollen and can be sensitive to touch and pressure. Although not uncommon, this added aggravation can cause discomfort during chewing. The dentist can reduce the biting forces on the tooth to lessen the impact you feel while eating.



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Antibiotics

Not all infected teeth require antibiotics. In an effort to reduce the routine prescribing of antibiotics which can lead to drug-resistant bacteria, we will only prescribe an antibiotic if the circumstances necessitates it.

Prevention

Of course, there are inherent risks that are involved with any surgical treatment, but attending to symptoms immediately is still the best ways to help reduce the likelihood that your root canal tooth will be fraught with future complications and aggravations. Maintaining regular check-ups will allow your dentist to monitor the healing of your root canal treated tooth and follow-up immediately if problems arise

If you have any doubt do not hesitate to call us

Emergency to the phones. 011-52- 55-57- 89-71- 90 / 011-52-35-44- 01-79

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